An incompressible turbulent fluid flow produces exponential stretching of material line segments. In 1952, Batchelor conjectured that this must occur [1], and subsequent work has confirmed his conjecture, determining that their average exponential growth rate is \( \zeta = \langle \epsilon_i S_{ij} e_j \rangle \approx 0.12 \tau_\eta^{-1} \), where \( S_{ij} \) is the strain rate tensor, \( \tau_\eta \) the Kolmogorov time, and \( e_i \) the orientation unit vector for the material line [2–4]. One might wonder how an incompressible flow can stretch material lines on average since every fluid element must combine extension with contraction to maintain constant volume. The answer lies in the Lagrangian advection of material lines which causes them to preferentially orient along extensional directions of the velocity gradient tensor.

The rate of separation of two material points is the longitudinal velocity difference, \( \Delta u_r \). Randomly sampled points have \( \langle \Delta u_r \rangle = 0 \) due to incompressibility. To obtain insights into the dynamics of turbulence from longitudinal velocity differences at random orientations, one needs to consider higher moments. For example, the third moment in the inertial range is related to the mean energy dissipation rate by Kolmogorov’s 4/5 law: \( \langle (\Delta u_r)^3 \rangle = -\frac{3}{4} \langle \epsilon \rangle r \). However, two points advected by the flow develop a preferential orientation. In this oriented Lagrangian reference frame, the mean velocity difference is positive; in particular, for small \( r \) the mean velocity difference is \( \langle \Delta u_r \rangle / r = \zeta \).

The study of stretching of material elements has led to many insights into the dynamics of turbulence. Many studies since Richardson have explored two particle dispersion, focusing on the rate of separation of two particles that are initially close together [5]. The “advected delta-vee” system [6,7], in which velocity differences are sampled between two points advected in the flow but constrained to maintain fixed distance, has illuminated the development of intermittency in turbulent flows. The positive mean stretching rate of vorticity in turbulence has been shown to result from vorticity becoming aligned with the extensional directions of the velocity gradient tensor [8–10].

Recently there has been extensive research on the dynamics of rigid nonspherical particles in turbulent fluid flows [11–14]. Connections between particle dynamics and fluid stretching suggest that nonspherical particles may be able to provide revealing probes of fundamental processes in turbulent flows [15].

In this Letter, we introduce a new particle design that responds to stretching with a preferential rotation in homogeneous, isotropic turbulence. Measuring rotations of these particles with multiple high speed cameras allows us to experimentally observe the mean stretching experienced by orientable elements in turbulent fluid flows. The particle has two helical ends with opposite handedness as
shown in Fig. 1(a). The model is allowed to rotate freely while it is subjected to constant velocity gradients. The particle shape can be specified by the pitch of the helices and the aspect ratio, \( \alpha = l/D \), where \( l \) is the length of the particle and \( D \) is the diameter of the helices. The pitch is defined as the length along the helix axis for a complete turn divided by \( D \). We know the particle should have a high aspect ratio, \( \alpha \gg 1 \) to ensure good alignment with the extensional eigenvectors of the strain rate tensor [12].

Figures 1(c) and 1(d) show the mean spinning rate from the Stokesian dynamics simulations of chiral dipoles in a two-dimensional pure strain flow with strain rate eigenvalues \( \lambda_1 = -\lambda_2 \) and \( \lambda_3 = 0 \). After an initial orientation phase of 5 to 10 times the characteristic strain rate time scale (\( \lambda_i^{-1} \)), the particle aligns with the extensional eigenvector of the strain rate tensor and begins to spin about its long axis at a rate \( \Omega_d \), with the mean value calculated in this aligned state. Figure 1(c) shows that increasing the aspect ratio with constant pitch increases the spinning of a chiral dipole in a strain flow. Figure 1(d) shows the mean spinning rate as a function of pitch with constant aspect ratio and suggests that there is an optimal pitch near 3.5. This is consistent with the optimal pitch near \( \pi \) found for efficient propulsion by bacterial flagella [18]. So a particle with pitch near 3.5 and very high aspect ratio should yield the largest coupling of spinning to the strain rate.

The experiments were performed in a turbulent flow between oscillating grids [19]. The grids were driven in phase at a frequency of 1 Hz and 3 Hz in separate runs, resulting in a Taylor Reynolds number of \( R_t = 120 \) and \( R_t = 183 \), respectively. The parameters characterizing the turbulent flow are shown in Table I. We use 3D printing technology [20] to fabricate 2000 chiral dipoles with aspect ratio \( \alpha = 10 \), pitch 2 and a largest dimension of 20 mm, which corresponds to 35\( \eta \) and 72\( \eta \), depending on the Reynolds number. This particle size places them in the inertial range of the turbulent flow. These dimensions were chosen because the 3D printers were not able to mass produce structurally stable particles with smallest dimension less than \( s = 0.8 \) mm, and we need \( D \gg s \) in order to allow optical reconstruction of the particle’s 3D orientation. Spherical tracer particles with a diameter of 150 \( \mu \)m were used to measure the rms fluid velocity and to calculate the third order longitudinal structure functions from which we determine the energy dissipation rate. In order for the chiral dipoles to be neutrally buoyant, the fluid density was increased until \( \rho = 1.20 \ g\ cm^{-3} \), which resulted in a fluid viscosity of \( \nu = 2.00 \ \text{mm}^2\ \text{s}^{-1} \). The particles are fluorescent and illuminated with laser beams from four directions to minimize self-shadowing [20]. Four cameras image the particles from different angles at a frame rate of 450 Hz.

Using the images and camera calibration parameters from all four cameras, we can measure the three Euler angles defining the orientation of the chiral dipole. This is done by projecting a computer generated, 3D model of
TABLE I. Flow parameters: $R_e = (15\bar{u}L/\nu)^{1/2}$ Taylor Reynolds number, $L = \bar{u}^3/\epsilon$ energy input length scale, $\bar{u} = ((u_iu_j)/3)^{1/2}$ rms velocity, $\epsilon$ mean energy dissipation rate, $\eta = (\nu^3/\epsilon)^{1/4}$ Kolmogorov length scale, $\tau_\eta = (\nu/\epsilon)^{1/2}$ Kolmogorov time scale, $\nu = 2.00 \times 10^{-6} \text{m}^2\text{s}^{-1}$ kinematic viscosity.

<table>
<thead>
<tr>
<th>Grid frequency [Hz]</th>
<th>$R_e$</th>
<th>$L$ [mm]</th>
<th>$\bar{u}$ [mm s$^{-1}$]</th>
<th>$\epsilon$ [mm$^2$ s$^{-3}$]</th>
<th>$\eta$ [mm]</th>
<th>$\tau_\eta$ [s]</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>120</td>
<td>94</td>
<td>20.4</td>
<td>90</td>
<td>0.546</td>
<td>0.149</td>
</tr>
<tr>
<td>3</td>
<td>183</td>
<td>80</td>
<td>55.6</td>
<td>2150</td>
<td>0.247</td>
<td>0.030</td>
</tr>
</tbody>
</table>

The simulation volume includes a total of $N^3 = 2048^3$ collocation points and $O(10^7)$ measurements of velocity gradients along Lagrangian particle trajectories for a few large eddy turnover times [22]. The characteristic quantities of the simulations are summarized in Table I.

High aspect ratio chiral dipoles can be approximated by rods and their tumbling rate can therefore be described by Jeffery’s equation [23]

$$\dot{d}_i = \Omega_{ij}d_j + \frac{\alpha^2 - 1}{\alpha + 1}(S_{ij}d_j - d_id_kS_{ki}d_i),$$  \hspace{1cm} (1)

where $S_{ij}$ (strain rate tensor) and $\Omega_{ij}$ (rotation rate tensor) are the symmetric and antisymmetric parts of the velocity gradient tensor, respectively. We can use the velocity gradients from the DNS to integrate Jeffery’s equation and obtain the orientation valid for a particle in the dissipation range that has been aligned by the flow. Equation (1) is only an approximation for chiral dipoles. Marcos et al. [24] showed that chiral particles in shear flow experience a translational motion along the velocity gradient. Two opposite chiral centers that are spatially separated should show no cross-stream translational motion, but this same mechanism should produce a small torque. For our large aspect ratio chiral dipoles, this torque is negligible compared to the torques captured by Jeffery’s equation.

In addition to tumbling, a thin rod is also spinning around its symmetry axis with half of the fluid vorticity $\phi$ in that direction. Chiral dipoles have an additional contribution to their spinning rate from the strain flow, so we model the chiral dipole spinning rate with

$$\Omega_d = \frac{\alpha}{2}d_i + \beta d_jS_{ij}d_j$$ \hspace{1cm} (2)

$$= AS + \beta A_L.$$ \hspace{1cm} (3)

The constant $\beta$ is strongly dependent on the particle shape and describes the strength of the coupling of the spinning rate to the strain field. An approximate value for $\beta$ for our particle shape was obtained from the Stokesian dynamics simulations, where $\beta = 0.39$. This value of $\beta$ is only valid for small particles since it assumes Stokes flow around the particles. We adopt the compact notation developed for the

FIG. 2. (a) Cropped image of a chiral dipole from one camera. (b) Projection of the model onto the image plane of the camera using the measured Euler angles. (c) Time series of experimentally measured Euler angles ($\Delta = \phi$, $\Box = \theta$, $\circ = \psi$) of a chiral dipole along its trajectory.
analysis of the “advected delta-vee” system by Li and Meneveau [6,7] to define the longitudinal and transverse velocity gradients with respect to the particle. The longitudinal component is \( A_L = d_iS_i d_j \), and the transverse component is the magnitude of the tumbling rate \( A_N = (d_i d_j)^{1/2} \). We can complete the picture if we include the spinning due to the fluid vorticity \( A_S = \frac{1}{2} \omega_i d_j \). In Eq. (3), the instantaneous spinning rate depends on both the material element stretching rate \( A_L \), and the vorticity component along the particle axis, \( A_S \). Because a chiral dipole is equally likely to be parallel or antiparallel to the vorticity vector, the mean spinning due to vorticity is zero, and so the mean value of \( A_L \) can be measured directly from \( \langle A_L \rangle = \langle \Omega_d \rangle / \beta \).

Figure 3(a) shows the probability density function (PDF) of the spinning rate from both experimental measurements and the simulations. The PDFs collapse surprisingly well given the fact that the experiments were performed with particles in the inertial range and the simulations are for particles in the dissipation range. There is a clear asymmetry around zero in both the experimental and simulation data. The larger probability of positive spinning rate demonstrates the preferential rotation of chiral dipoles advected in isotropic turbulence. In the simulations, we can separate the contributions from strain and vorticity as shown in Fig. 3(b). Since the mean contribution from vorticity is zero, the contribution from the strain is responsible for the nonzero mean spinning rate. In addition to the mean, the PDFs show a strong positive skewness, \( S = \langle (\Omega_d - \langle \Omega_d \rangle)^3 / \langle \Omega_d^3 \rangle \rangle^{3/2} \). For the experiments, \( S = 1.1 \) at \( R_L = 120 \) and \( S = 1.0 \) at \( R_L = 183 \). For the simulations, \( S = 0.27 \). The skewness reflects both the skewness of the longitudinal velocity differences in the 4/5 law and the complex dynamics of preferential alignment of slender bodies with vorticity and strain in turbulent flows. The larger skewnesses in the experiments compared with the simulation are not fully understood, but are likely to be partly a result of the much larger size of the chiral dipoles in the experiments.

The shape of the experimentally measured PDFs in Fig. 3(a) depends on the fit length, which is the number of time steps used when extracting the solid body rotation rate from the orientation measurements. Shorter fit lengths include more noise from the orientation measurements, leading to larger tails, whereas longer fit lengths filter out events of large rotational acceleration. Both experimental curves in Fig. 3 have been measured with a fit length of 0.5\( \tau_\eta \).

The results from the DNS show a mean spinning rate of \( \langle \Omega_d \rangle = 0.047 \tau_\eta^{-1} \). This is in agreement with the previously measured material line stretching rate \( c_\delta = 0.12 \tau_\eta^{-1} \) since \( \langle \Omega_d \rangle = \beta c_\delta \). The experimentally measured mean spinning rate is \( \langle \Omega_d \rangle = 0.170 \pm 0.005 \tau_\eta^{-1} \) for \( R_L = 120 \) \( \tau_\eta = 183 \) normalized by \( \tau_\eta = (1/\sqrt{15})/(l/u_l) \), where \( u_l = (\Delta u_l)^{1/2} \) is the magnitude of the longitudinal velocity difference at separation \( l \). The eddy turnover time at scale \( l \) is chosen so that \( \tau_\eta \rightarrow \tau_\eta \) for \( l \rightarrow \eta \). A simple scaling law with the mean spinning rate scaling with the eddy turnover time at scale \( l \) does not hold. The larger than expected spinning rate of the larger chiral dipoles may be explained by two factors. First, the preferential alignment between the particle orientation and the extensional eigenvectors of the coarse grained strain rate tensor likely depends on particle size. Lüthi et al. [25] measured the coarse grained velocity gradient tensor and showed that the preferential alignment of vorticity moves toward the maximum extensional eigenvector as the coarse graining length scale increases. Second, the coupling constant \( \beta \) may depend on the particle Reynolds number so that chiral dipoles spin more efficiently in a turbulent environment than in the Stokes flow limit. Future work using numerical simulations of particles with lengths in the inertial range and experiments using particles with lengths at the

---

**FIG. 3.** (a) Probability density function of the spinning rate \( \Omega_d \) normalized by the standard deviation \( \sigma = (\langle \Omega_d^2 \rangle - \langle \Omega_d \rangle^2)^{1/2} \) for both Reynolds numbers (blue diamonds, \( R_L = 120 \) and red circles, \( R_L = 183 \)) and simulations (green solid line). The gray dashed line shows experimental data mirrored around 0. (b) PDF of the individual contributions from strain, \( A_L = d_iS_i d_j \) (red dashed-dotted line) and vorticity, \( A_S = \frac{1}{2} \omega_i d_j \) (blue dashed line) to the spinning rate \( \Omega_d \) (solid green line). The standard deviation of the simulations is \( \sigma = 0.85 \tau_\eta^{-1} \).
Kolmogorov scale could clarify how the crossover from dissipation to inertial range scales affects the rotations of chiral dipoles.

The ability to follow elongated particles through the flow and observe the preferential stretching they experience suggests new ways to quantify the dynamic processes of the cascade. Figure 4 shows the mean trajectories of fluid elements in the phase space spanned by enstrophy, $\omega^2$, and material line stretching rate $A_L$ from the DNS. The color map shows the PDF.

Chiral dipoles experience a preferential rotation direction in isotropic turbulence. The ability to fabricate particles with complex shapes and measure their rotational motion opens the door to the study of a wide variety of particle shapes beyond the axisymmetric ellipsoids that have been the focus of most previous work. The mechanism of the preferential rotation is alignment of the slender particles with complex shapes and measure their rotational motion in isotropic turbulence. The ability to fabricate particles

We acknowledge partial support from NSF Grants No. DMR-1208990 and No. DMR-1508575 as well as COST Actions MP0806, MP1305, and FP1005 and EU FP7 EuHIT Project No 312778. We thank Brendan Cole for assistance with data acquisition, and Guy Geyer Marcus, Rui Ni, Tom Powers, and Luca Biferale for stimulating discussions.